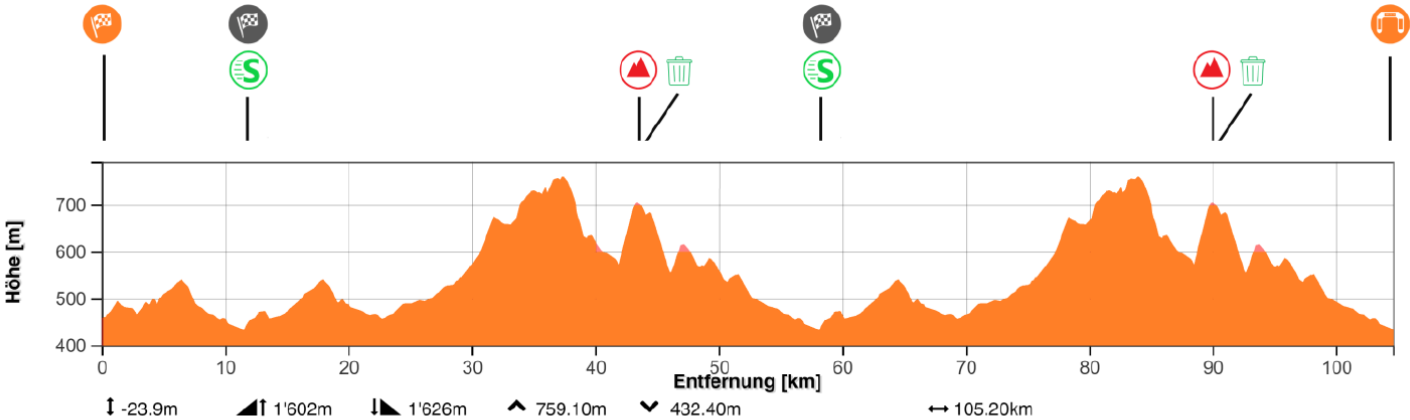


3. ETAPPE, SONNTAG, 8. SEPTEMBER 2024 VORDEMWALD

MARSCHTABELLE
Mars table / Time table

GRAND PRIX "RÜEBLILAND" 2024









Marschtabelle / time table

Startzeit / start time **09:00**
 Endzeit / end time **11:37**
 Fahrzeit / total time **02:37**

Stundenmittel / average speed km/h **40.07**
 Gesamtdistanz / total distance km **105.20**









	m.ü.M	km	km remain	Ort / place	Stundenmittel / average speed km/h		
					42.13	40.07	38.12
Runde 1 / round 1	444	-2.5	107.7	Vordemwald - Start (neutralized)	09:00	09:00	09:00
	476	-1.2	106.4	Vordemwald - Inneri Chratzen	09:02	09:02	09:02
	456	0.0	105.2	Vordemwald - Weiergut - Start Race	09:03	09:03	09:03
	499	1.1	104.1	Murgenthal - Tannacker	09:05	09:06	09:06
	482	3.9	101.3	Murgenthal - Glashütten	09:09	09:09	09:10
	544	6.2	99.0	Murgenthal - Balzenwil Saal	09:13	09:13	09:14
	529	7.0	98.2	Murgenthal - Balzenwil ! kurvige Abfahrt	09:14	09:14	09:15
	478	10.3	94.9	Vordemwald - Sennhof	09:17	09:18	09:19
	444	11.4	93.8	Vordemwald - Runde 1 - Swisslos Sprint	09:19	09:20	09:21
	476	12.7	92.5	Vordemwald - Inneri Chratzen	09:21	09:22	09:23
2	456	14.0	91.2	Vordemwald - Weiergut	09:22	09:23	09:25
	503	16.3	88.9	Murgenthal - Hinter Glashütten	09:26	09:27	09:29
	544	17.7	87.5	Murgenthal - Balzenwil Saal	09:29	09:30	09:32
	529	18.3	86.9	Murgenthal - Balzenwil ! kurvige Abfahrt	09:29	09:31	09:32
	455	22.8	82.4	Paffnau LU - St. Urban	09:34	09:36	09:38
	493	25.9	79.3	Paffnau LU - Unterberghof	09:39	09:41	09:43
	532	28.6	76.6	Melchnau BE	09:43	09:45	09:48

Runde 2 / round

643	31.5	73.7	Melchnau BE - Laupern		09:49	09:51	09:54
672	33.8	71.4	Gondiswil BE		09:52	09:55	09:58
737	36.2	69.0	Fischbach LU - Schöenthül ! kurvige Abfahrt		09:56	09:59	10:02
631	39.6	65.6	Fischbach LU		10:00	10:03	10:06
572	42.1	63.1	Grossdietwil LU		10:02	10:06	10:09
709	43.9	61.3	Grossdietwil LU - Müs Volg Bergpreis Kat 1	 	10:07	10:11	10:15
555	46.6	58.6	Altbüren LU ! kurvige Abfahrt	 	10:10	10:13	10:17
556	50.5	54.7	Roggliwil LU		10:15	10:19	10:23
549	51.7	53.5	Roggliwil LU - Buttenried		10:16	10:20	10:24
505	53.0	52.2	Pfaffnau LU		10:18	10:22	10:26
478	55.2	50.0	Vordemwald - Sennhof		10:20	10:24	10:29



Runde 3 / round 3

444	58.3	46.9	Vordemwald - Runde 2 - Swisslos Sprint		10:24	10:28	10:33
476	59.6	45.6	Vordemwald - Inneri Chratzen		10:26	10:31	10:35
456	60.9	44.3	Vordemwald - Weiergut		10:28	10:32	10:37
503	63.2	42.0	Murgenthal - Hinter Glashütten		10:31	10:36	10:41
544	64.6	40.6	Murgenthal - Balzenwil Saal		10:34	10:39	10:44
529	65.2	40.0	Murgenthal - Balzenwil ! kurvige Abfahrt		10:35	10:39	10:45
455	69.7	35.5	Paffnau LU - St. Urban		10:40	10:45	10:50
493	72.8	32.4	Paffnau LU - Unterberghof		10:44	10:50	10:55
532	75.5	29.7	Melchnau BE		10:49	10:54	11:00
643	78.4	26.8	Melchnau BE - Laupern		10:54	11:00	11:06
672	80.7	24.5	Gondiswil BE		10:58	11:04	11:10
737	83.1	22.1	Fischbach LU - Schöenthül ! kurvige Abfahrt		11:02	11:08	11:15
631	86.5	18.7	Fischbach LU		11:05	11:12	11:18
572	89.0	16.2	Grossdietwil LU		11:08	11:14	11:21
709	90.8	14.4	Grossdietwil LU - Müs Volg Bergpreis Kat 1	 	11:13	11:20	11:27
555	93.5	11.7	Altbüren LU ! kurvige Abfahrt	 	11:15	11:22	11:29
556	97.4	7.8	Roggliwil LU		11:20	11:27	11:35
549	98.6	6.6	Roggliwil LU - Buttenried		11:22	11:29	11:37
505	99.9	5.3	Pfaffnau LU		11:23	11:30	11:38
478	102.1	3.1	Vordemwald - Sennhof		11:26	11:33	11:41
440	105.2	0.0	Vordemwald - Runde 3 - Zielankunft		11:29	11:37	11:45



Start / start



Verpflegungsbereich/ feeding zone



Ziel / finish line



Abfallbereich / litter zone



Start -Ziel Linie / start - finish line



start / end feeding riders outside feeding zone

Sprint / sprint  **BBBcycling Brillensprint**

Bergpreis / climb